

Physical Fitness Challenge at Colonial Park and the Robin Hood Elementary Schools

The Colonial Park and Robin Hood Elementary Schools recently administered a fitness test, the President's Challenge, to all students in grades 4 and 5.

The President's Challenge is a battery of five tests that measures overall body strength, flexibility, agility and cardiovascular endurance. This test is given annually to thousands of students across the United States. The test measures physical fitness levels in each student, and their scores are given in relation to other students across the country by age. The results are measured in percentiles. A score of 50% indicates that the student has performed better than 50% of the students their age nationally.

If a student receives a score of 50% on all five tests, that student is awarded a National Physical Fitness certificate for achieving a basic yet challenging level of physical fitness.

A student that receives a score of 85% or better on all five tests is awarded the Presidential Physical Fitness certificate and emblem. This award signifies an outstanding level of physical fitness.

Students are encouraged to strive to do their best in order to achieve a strong and healthy body. All participants should be commended for their effort and enthusiasm.



**Presidential Fitness Award Winners
Grade 5 - Robin Hood School**



**National Fitness Award Winners
Grade 5 - Robin Hood School**



**Presidential Fitness Award Winners
Grade 4 - Robin Hood School**



**National Fitness Award Winners
Grade 4 - Robin Hood School**

ROBIN HOOD FITNESS AWARD WINNERS

GRADE 4

PRESIDENTIAL

MARY TRANT
SARA LAPERY
ALYSSA LIMONE
MICHAEL TURNER
JACQUELINE FLYNN
TONI NICOLE MAGNO

NATIONAL

TREVOR WOODMAN
MISSY CERASOLI
MOLLY MALONE
MORGAN NEFF-GATCHELL
ELIZABETH LOWE
TIA ANNUNZIATA
LOUISA MELCHIONNO
FRANCESCA LANZA
MIKEY MOSCA
OLIVIA BERGIN
YLLARA MAIA
LINDSEY DUHAMEL

GRADE 5

PRESIDENTIAL

GIANNA LANZILLO
JESSICA BROWN
JOHN LaPIANA
EVAN MacHENRY
LEXI ARGYROPOULOS
JORDAN LYNCH
JOSEPH LaPIANA
VICTORIA LANDRY
TINA MAURER
STEFANIA MOLINARO

NATIONAL

DAN LaRICCIA
EMMA MCNULTY
LAUREN GORSE
ADRIANNA MEUSE
NICOLE AURIEMMA
DILLON HORGAN

