

## Physical Fitness Challenge at Colonial Park and the Robin Hood Elementary Schools

The Colonial Park and Robin Hood Elementary Schools recently administered a fitness test, the President's Challenge, to all students in grades 4 and 5.

The President's Challenge is a battery of five tests that measures overall body strength, flexibility, agility and cardiovascular endurance. This test is given annually to thousands of students across the United States. The test measures physical fitness levels in each student, and their scores are given in relation to other students across the country by age. The results are measured in percentiles. A score of 50% indicates that the student has performed better than 50% of the students their age nationally.

If a student receives a score of 50% on all five tests, that student is awarded a National Physical Fitness certificate for achieving a basic yet challenging level of physical fitness.

A student that receives a score of 85% or better on all five tests is awarded the Presidential Physical Fitness certificate and emblem. This award signifies an outstanding level of physical fitness.

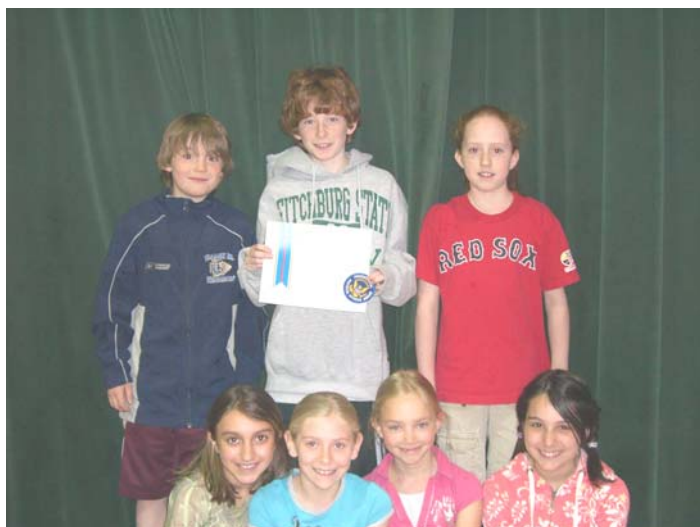
Students are encouraged to strive to do their best in order to achieve a strong and healthy body. All participants should be commended for their effort and enthusiasm.



**Presidential Fitness Award Winners  
Grade 5 - Colonial Park School**



**National Fitness Award Winners  
Grade 5 - Colonial Park School**



**Presidential Fitness Award Winners  
Grade 4 - Colonial Park School**



**National Fitness Award Winners  
Grade 4 - Colonial Park School**

**AWARD WINNERS 2009**  
**Physical Fitness Challenge**  
**Colonial Park School**

**GRADE 4**

**PRESIDENTIAL**

SOPHIE ANTONIOU  
AMANDA JORDAN  
ERIC ROBERTS  
ARIANA RAGUCCI  
JENNIFER SHANNON  
JULIE THOMPSON

**NATIONAL**

LUKE THERIAULT  
MARK VAUGHN  
BRENDAN DUDMAN  
JONATHAN ABREU  
MICHAEL LEUNG  
JAKE PAONESSA  
BRIANNA GERMANO  
ALEXIA GIANOULIS

**GRADE 5**

**PRESIDENTIAL**

ASHLEY DOHERTY  
ABBEY BOYLE  
OWEN WINKLEMAN  
BRENDAN TARMEY  
TYLER FITZGERALD  
AUSTIN MASEL  
KASEY JORDAN  
ALLISON MORSE  
NIKE ASAPOTO  
KATRINA SKIDMORE

**NATIONAL**

BECCA CICATELLI  
DELANEY BORENSTEIN  
MEGHAN MALONE  
MIRANDA MAITINO  
RONNIE MASTROCOLA